

NEWSLETTER

No 26
27/08/2009
Ph: 52312560

Home Page – www.colacps.vic.edu.au/

SCHOOL COUNCILLORS:

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PRINCIPAL: Allan Halliwell A.H. 52311566, Mob: 0417110893

Dear Parents and Students:

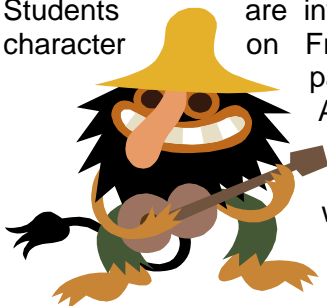
Fathers Day BBQ: Our Fathers Day barbecue is to be held next Wednesday, 2nd September. This is an opportunity for fathers or grandfathers to visit classrooms (12.30pm onwards) and to share a school experience with their child. We have 50 fathers/grandfathers or friends attending to date. There is still time to reply but we will require numbers for ordering by Monday. Our school choir will perform for our visitors at 1pm in the Activity Centre.

Parent Surveys: Parents who received a survey last week are requested to return these by **tomorrow**. Thankyou parents who have already taken the time to complete the survey.

Allan Halliwell-Principal

LITERACY WEEK BOOK CHARACTER PARADE

Students are invited to dress as a book character on Friday, 4th September. A parade will be held in our Activity Centre at 9am. Parents and grandparents are most welcome to attend.



FATHERS DAY BBQ

Students whose father is attending may order a sausage for \$1 each if they wish. Orders due by Monday 31st August. Students will be able to lunch with their father from 1pm (dad's lunch is free). Please complete the reply slip to assist with ordering. Spare forms available at the office or on our website, click on 'forms'.

FOOD BAN

Due to the risk of scalding we will not allow students to heat food in microwave ovens or to add hot water to noodles or soup mixes. Parents are asked to provide alternatives to foods requiring heating.

NATIONAL ASTHMA WEEK SEP 1ST-7TH

Next week is National Asthma Week. The theme this year is 'Do You Know What To Do?' with the focus being on Asthma first aid. Knowing what to do in an asthma emergency can save a life. With 1 in 9 children and 1 in 10 adults currently diagnosed with asthma within Australia, chances are we will all come across someone with asthma in our everyday life. More asthma facts include:

- 1 in 9 children with asthma are exposed to tobacco smoke in their home
- Asthma is more common among boys in primary school children, however after teenage years more women have asthma than men
- Over 2 million Australians have asthma
- 8 Australians a week die of asthma
- Asthma is a significant cause of school absenteeism
- It's advised that all people using an inhaler use it in conjunction with a spacer as it delivers more medication directly to the lungs

For this reason it is important that everyone knows what to do in an asthma emergency. 'Do you know what to do?' A four step asthma first aid reminder is included with today's newsletter. Please keep in a handy place. Your child may have a friend over one day and they may experience some asthma symptoms.

PARENTS CLUB NEWS

Movie Night: We are having a Movie Night featuring the new Pixar movie "UP" on Friday, 11th September at 6.30pm at COPACC. This animated comedy/adventure is about a cranky old man and a young boy who fly to South America in a floating house suspended from helium balloons. Tickets are available at **the school office**. Adults: \$13 and child/concession \$10. Families are asked to bring along a plate for supper.



WATER ONLY

I wish to remind families that our policy is that students drink water at school. No soft drinks, sports drinks, cordial or other high sugar drinks are allowed. This policy was made in line with Department of Education and Early Childhood Development recommendations and with students health in mind.



EMA CHEQUES

EMA cheques are available at the office for families that qualify.

NEWSLETTER VIA EMAIL

To cut down on the amount of printing we do here at the school we would like as many families as possible to receive the newsletter via email. If you'd prefer to receive the newsletter this way simply go to our website www.colacps.vic.edu.au/ to subscribe to it. Click on the newsletter link, click on subscribe to newsletter and fill in your details. The newsletter will be emailed to you each Thursday. Alternatively leave your email address details at the school office. Lots of families have already taken up the offer and as a result the number of newsletters printed this week will be much lower.

YEAR 4 CAMP 7th – 9th OCTOBER

All information and the permission form for the year 4 camp at Anglesea during week 1 of term 4 was sent home with students last Monday, 17th August. A comprehensive list of items to pack for camp was included. Parents are urged to complete the permission form and return to their child's teacher by Monday, 7th September. If you're paying for the camp in full, payment is due by Thursday, 17th September.

If you are paying the year 4 camp by instalments, the last instalment is due Thursday, 17th September also. Don't hesitate to contact the classroom teacher if there are any queries.

HEAD LICE

We've had some recent cases of head lice. Please keep checking each week for head lice and ensure that girls have their hair tied back.

SOCIAL SERVICE

Daffodil Day: Tomorrow, Friday, 28th August. We have decided to support Daffodil Day by asking students and staff to wear some yellow on the day. Bring along a gold coin donation to help support The Anti Cancer Council.

ART ROOM

Clean stockings or pantyhose are required for art classes. Please leave at the office.

**OUR VALUES WINNER IS
CONNOR BUCHANAN
CONGRATULATIONS. CONNOR HAS
EARNT HIMSELF A FREE LUNCH AT
THE CANTEEN**

OUR VALUE THIS FORTNIGHT IS

KINDNESS

A part of **KINDNESS** is **SERVICE**. Being of service is making a real contribution to society, no matter how small.



MORE PARENTS CLUB NEWS

Fathers Day Stall: Every year we hold a Fathers Day Stall and ask each family to donate a gift for the stall and leave at the office. The stall will be held on Friday 4th September and gifts will be sold for \$4 each. Suggestions for gifts include: mugs, lollies, garden gloves, socks, hankies, key rings etc. Thank you to families who have donated so far.

Bags Of Potatoes: 10kg (\$12) and 5kg (\$6). See Julie at the office to buy a bag.

Next Meeting: Wednesday, 7th October at 9am in the staffroom.

PLEASE MARK THESE DATES ON YOUR CALENDAR

2009 CALENDAR	
Aug 28 th	Parent surveys due
Aug 28 th	Daffodil Day-wear yellow
Aug 31 st	Fathers Day BBQ orders due
Aug 31 st	Rebels Basketball meeting At Elliminyt PS-7pm
Sep 2 nd	Fathers Day BBQ
Sep 3 rd	Starlab-prep/4
Sep 4 th	Book Parade-9am
Sep 4 th	Fathers Day Stall
Sep 11 th	Movie Night 'UP' at COPACC- 6.30pm

STUDENT OF THE WEEK	
ROOM 1	KAYLEE STEVENS
ROOM 2	ZACH DOWNARD
ROOM 3	NADENE BROWN
ROOM 5	ASHER BENNETT
ROOM 7	KARISSA EGAN
ROOM 8	BAILEY CHARTERIS
ROOM 9	JAI PENNY
ROOM 10	JESSICA SPRY-BOYD
ART	LIAM BARROW

CANTEEN DUTY	
Friday, 28th August	
<u>10am-12pm</u>	<u>12pm-2pm</u>
Danni Veitch	Brad Weston
Kay Bellchambers	Dianne Wood
Rachael Howard	Helper required

KIDS – GO FOR YOUR LIFE

This week's topic: Weighing Up The Risk

Setting too many limits & not letting your child play for long periods of time could lead to:

- Too much watching tv or playing computer games
- Childhood obesity
- Poor social skills
- Poor physical skills, such as throwing, running and balance
- Reduced self confidence

The risk of no outdoor play may also slow other forms of growth, such as concentration, creativeness & the ability to deal with new situations. Older children in particular still need to be encouraged to be creative & spend time outside, rather than playing on the computer or watching tv. Regardless of whether it's raining, muddy or too hot

children should build up a minimum of 60 minutes & up to several hours of physical activity each day.

SPORTS NEWS

Year 5/6 Interschool Sport: Sport was called off last week due wet weather. There is no sport tomorrow. We will play Colac West next Friday. The \$1.50 bus money from last week will be used for next week's trip to Colac West.

REBELS BASKETBALL CLUB

Season 2009/10 begins soon. For those wishing to play this season, registration forms are available at the school office.

Age groups are:

9 & U-born 2000,01,02 must turn 8 by 31/3/10.

11 & U-born 98,99.

13 & U: born 96,97.

Forms will need to be completed and presented at the AGM meeting to be held this Monday, 31st August at Elliminyt P.S. at 7pm.

Please note: all forms will need to be presented at this meeting, because team selections are being held after the AGM. No late forms accepted due to this decision.

BASKETBALL UMPIRES NEEDED

Umpires (old & new) are needed for 2009/2010 season. Do you know of a past umpire who may be interested? What night would suit?

What grade are you interested in? We are keen to develop new juniors & adults to start and 'have a go'!! Fridays will remain U9's & junior umpires will be placed with

senior/experienced umpires to learn the ropes.

All enquiries to Melissa Hammond

Junior umpires co-ordinator

Ph. 52314332 or 0438 624360

Email: melissa.hammond2@bigpond.com

GMHBA

You could save \$100's off your health insurance and support Colac Primary School. GMHBA offers you simply great value health insurance and now Colac P.S. and GMHBA have created a partnership where new GMHBA members can donate 3.5% of their premium to the Colac P.S. this year and every year you are a member! For a family membership, that could be a donation of over \$100 to the school every year you remain a member with GMBHA. You could help raise \$1,000's for Colac P.S. to purchase much needed equipment.

With another health fund? Switching is easy. To get a quote, visit our Colac branch at 178 Murray St (across the road from Coles) or give us a call on 1300 446422. Be sure to mention that you want a donation to be made to the Colac P.S.